

A Prayer to be Merciful

Help me, O Lord, that my eyes may be merciful, so that I may never suspect or judge from appearances, but look for what is beautiful in my neighbor's soul.

Help me, O Lord, that my ears may be merciful, so that I may give heed to my neighbor's needs.

Help me, O Lord, that my tongue may be merciful, so that I should never speak negatively of my neighbor.

Help me, O Lord, that my hands may be merciful and filled with good deeds, so that I may do only good to my neighbor.

Help me, O Lord, that my feet may be merciful, so that I may hurry to assist my neighbor.

Help me, O Lord, that my heart may be merciful, so that I myself may feel all the sufferings of my neighbor.

May Your mercy, O Lord, rest upon me.

Amen.

– St. Maria Faustina

